# DEFIS SPORTIFS U13

Fiche Excel à renvoyer au District **AVANT le Vendredi 4 DECEMBRE 2020**

**NOM du CLUB et de nom de l'Educateur : ……..……..……**

| | NOM et PRENOM | Année de Naissance | Poste | Evaluation ATHLETIQUE Total sur 20 points | | | | | Evaluation TECHNIQUE Total sur 40 points | | | | | | | Evaluation JEUX Total sur 40 points | | | TOTAL GENERAL des TESTS sur 100 points | Evaluation MATCHS Total sur 60 points | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | Vitesse 10m | | Vitesse 30m | | Total sur 20 points | Jongleries (3x50) | | | | | Parcours Conduite de balle | | Stop Ball | 4x4 avec GB | Total sur 40 points | | Opposition 8 x 8 (matchs) | TOTAL GENERAL sur 160 points | Classement du 1er au dernier |
| | | | *soit G soit D soit M soit A* | 10m | 10 points | 30m | 10 points | | 50 P.D | 50 P.G | 50 TETES | TOTAL cumulé des 3 | TOTAL sur 30 points | Temps | TOTAL sur 10 points | 20 points | 20 points | | | | | |
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